

Great Britain - Open Long Track Championships 2015

Den Haag (NED) 28 March 2015 Source: tijden.knsb.nl

500m Ladies - Great Britain 28 March 2015

| Rank | Name | | Country | Time | |
|------|----------------------------------|-----|--|---------|-------|
| 1 | Ellia SMEDING | LB2 |  GBR | 46,54 | |
| | Jade HOLBOROUGH- | |  | | |
| 2 | KERKVLIT | LYA | GBR | 47,78 | |
| 3 | Sophie WEBB | LN4 |  GBR | 47,94 | SB |
| 4 | Helen CLARK | LN3 |  GBR | 49,45 | |
| 5 | Jenny BUCKLEY | L30 |  GBR | 52,11 | SB |
| 6 | Aurelia IPPOLITO | LB2 |  GBR | 54,33 | |
| 7 | Clare UPTON | L45 |  GBR | 58,35 | PR SB |
| 8 | Emilie WIX | L30 |  GBR | 1.02,13 | PR SB |
| 9 | Pamela MURRAY | L45 |  GBR | 1.03,81 | |
| 10 | Alison MURRAY | L45 |  GBR | 1.05,96 | PR SB |
| DNS | Gemma COOPER | LSA |  GBR | DNS | |

PR - Personal Record, SB - Season Best

1000m Ladies - Great Britain 28 March 2015

| Rank | Name | | Country | Time | |
|------|----------------------------------|-----|---|---------|-------|
| 1 | Ellia SMEDING | LB2 |  GBR | 1.34,47 | |
| | Jade HOLBOROUGH- | |  | | |
| 2 | KERKVLIT | LYA | GBR | 1.42,49 | |
| 3 | Gemma COOPER | LSA |  GBR | 1.45,01 | PR SB |
| 4 | Aurelia IPPOLITO | LB2 |  GBR | 1.53,68 | |
| 5 | Alison MURRAY | L45 |  GBR | 2.23,74 | PR SB |

PR - Personal Record, SB - Season Best

1500m Ladies - Great Britain 28 March 2015

| Rank | Name | | Country | Time | |
|------|----------------------------------|-----|---|---------|-------|
| 1 | Ellia SMEDING | LB2 |  GBR | 2.29,41 | |
| 2 | Gemma COOPER | LSA |  GBR | 2.43,50 | PR SB |
| 3 | Aurelia IPPOLITO | LB2 |  GBR | 2.53,01 | PR SB |



PR - Personal Record, SB - Season Best

3000m Ladies - Great Britain 28 March 2015

| Rank | Name | | Country | Time | |
|------|-----------------------------|-----|---|---------|-------|
| 1 | Sophie WEBB | LN4 |  GBR | 4.56,57 | SB |
| 2 | Clare UPTON | L45 |  GBR | 6.31,14 | PR SB |
| 3 | Emilie WIX | L30 |  GBR | 6.37,85 | PR SB |

PR - Personal Record, SB - Season Best

5000m Ladies - Great Britain 28 March 2015

| Rank | Name | | Country | Time | |
|------|-------------------------------|-----|---|----------|----------|
| 1 | Jenny BUCKLEY | L30 |  GBR | 9.42,43 | NR PR SB |
| 2 | Helen CLARK | LN3 |  GBR | 9.42,71 | PR SB |
| 3 | Pamela MURRAY | L45 |  GBR | 10.18,59 | PR SB |

NR - National Record, PR - Personal Record
SB - Season Best